

# Nugget News

January / February

2010

PROMOTING SMALL SCALE MINING & RECREATIONAL GOLD PROSPECTING

Official Newsletter of the  
NorthWest Gold Prospectors Association



## President's Message

By "GoldFever Bob" Lowe

*It's Gold Show time again. We are still looking for volunteers to help setup, cleanup, at the panning tub, at the club booth, take money at the door and work in the kitchen. Sign up at the meeting.*

*Looks like we will get to the claims early this year. With the lack of snow pack we may also have limited water at some of the claims.*

*Gibbs Eddy outing is April 10th. This outing and the Gold Show is the perfect time to get your prospecting equipment cleaned up, fixed up, tuned up and tested before the prospecting season gets underway.*

*This is also the time to get your paperwork completed for dredging permits and letters of intent.*

***See you at the meeting!***

## 11th Annual Gold & Treasure Show

March 13th & 14th.

Get your homemade and/or modified prospecting equipment ready for judging at the show.

Prizes will be given to the top 3 vote getters. Voting will be done by show attendee's.

Members, bring your equipment to show off at the show.

Members can also buy, sell or trade their used equipment at the show. See Bob for details if you plan to trade or sell.



## One Man's Gold by Enos Christman

*Saturday, June 1*

--We have moved our camp about three miles and are now encamped on the Calaveras River, a small stream. Leaving his teams and family here, Mr. Cox took his horses and started with Mr. Reed up to visit the Stanislaus Diggings, to find which is the best location to go to for mining purposes. I thought that when they returned and made their report, I should know better what to do; if it was favorable, I would go to the

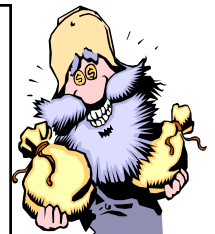
*(Continued on page 3) One Man's Gold*



The **Northwest Gold Prospectors Association** meets at 7:00pm on the 2nd Wednesday of each month at the Idaho National Guard Armory at 5555 E Seltice Way in Post Falls.

Our outings are held the weekend following the meeting date from May thru October.

November thru March members are invited to meet each Saturday morning at 8:00AM at Kootenai Medical Center in Coeur d'Alene to solve the world's problems. Please join us.



# Letters to the Editor & Other fun "Stuff"

By "GoldFever Bob" Lowe



## Involve the Spouse

Probably the most important thing that a married prospector must learn is to involve the spouse!

How To Convince your spouse to let you spend the money on chasing the dream!

1. Buy a bouquet of her favorite flowers every week. (I bring em home on Fridays)
2. Drill a hole in a pretty rock and string it for a necklace. (I found this rock special for you.)
3. Plan a "romantic" pick nick at the claim... (let her use the little shovel)
4. Compliment her on how well she can tend the sluice, and her skill at fine panning. (flattery will get you everywhere!)
5. Avoid making her responsible for watching the dogs. (nothing breaks the spell like a misbehaving dog.)
6. Never forget to thank her for hauling the equipment down to the river. (manners count)
7. Tell her she's got to come with you 'cause she's the lucky one. (truth be known, if you have a wife like this you are the lucky one.)

## THOUGHT YOU MIGHT ENJOY THIS ...

'Someone asked the other day, 'What was your favorite fast food when you were growing up?' 'We didn't have fast food when I was growing up,' I informed him. 'All the food was slow.'

'C'mon, seriously. Where did you eat?' 'It was a place called 'at home,'" I explained.

'Mom cooked every day and when Dad got home from work, we sat down together at the dining room table, and if I didn't like what she put on my plate I was allowed to sit there until I did like it.'

By this time, the kid was laughing so hard I was afraid he was going to suffer serious internal damage, so I didn't tell him the part about how I had to have permission to leave the table.

But here are some other things I would have told him about my childhood if I figured his system could have handled it :

Some parents NEVER owned their own house, never wore Levis, never set foot on a golf course, never trav-

eled out of the country or had a credit card.

In their later years they had something called a revolving charge card. The card was good only at Sears Roebuck. Or

maybe it was Sears & Roebuck.

Either way, there is no Roebuck anymore. Maybe he died..

My parents never drove me to soccer practice. This was mostly because we never had heard of soccer. I had a bicycle that weighed probably 50 pounds, and only had one speed, (slow)

We didn't have a television in our house until I was 16.

It was, of course, black and white, and the station went off the air at midnight, after playing the national anthem and a poem about God; it came back on the air at about 6 a.m. and there was usually a locally produced news and farm show on, featuring local people..

I was 21 before I tasted my first pizza, it was called 'pizza pie.' When I bit into it, I burned the roof of my mouth and the cheese slid off, swung down, plastered itself against my chin and burned that, too. It's still the best pizza I ever had.

I never had a telephone in my room.

*(Continued on page 6) Fast Food*

## Nugget News

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NorthWest Gold  
Prospectors Association

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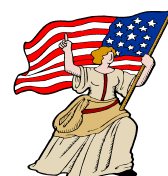
**Advertising**  
Ads (up to 5 lines or 35 words) are free to members and \$5 for non-members or longer ads. Display ads are \$30/full page, \$20/half page, \$15/quarter page and \$5 for business card size. Ads will run for 2 consecutive issues. We can design your display ads at an additional cost. **All ads & stories are due by the 15th. of the month preceding the publication month.**

## Wise Words from AA7AF:

**My doctor just told me that the handle on my recliner does not qualify as an exercise machine.**

## Quote from the Past

**"Experience hath shewn, that even under the best forms (of government) those entrusted with power have, in time, and by slow operations, perverted it into tyranny"**  
Thomas Jefferson



## Check out the following Web Sites

- www.youtube.com
- www.evtv1.com
- www.goldfeverminingsupply.com
- [www.bigskydetectors.com](http://www.bigskydetectors.com)

# Grubstakin', Swappin' & Peddlin'

southern mines, and if otherwise, wend my way northward. I walked into the city on Monday morning, hoping to get a job at printing or anything else, but found none. Business is very dull here.

Next morning, in company with Mr. Hilliard, I crossed the Calaveras, paying 50 cents for being carried over. We looked out for a fine lot of grass for the purpose of making hay. Mr. Hilliard found a place where he went to work on the morrow. We found several parties mowing, with one of which I engaged to work at five dollars per day and found. On Wednesday morning I went to work mowing and worked until after sunset, then eat supper, and made a bed of hay and turned in. It proved the softest I have slept in since I left Philadelphia. In the morning I again went to work but felt too ill to continue at it later than ten o'clock, when I quit and came home to camp. Mr. Cox has returned from the mines with an unfavorable report.

Feeling pretty well this morning, I walked into town in hopes of finding something to do, or purchase a scythe on credit. In the latter I was entirely unsuccessful. Scythes ready rigged for cutting grass are now bringing from forty to sixty dollars and this is considered reasonable as they sold for seventy-five and eighty dollars two weeks since. But in the former I was rather more fortunate inasmuch as one of the proprietors of the *Stockton Times* told me to come to work on Tuesday, as he wished to hire help three or four days next week, and intimated that it might prove a permanent position for me. I agreed to come at the appointed time and returned to camp with rather less weight upon my mind than I had done for several days. The express from San Francisco came in but brought nothing for any of us. I mailed a letter to the proprietors of the *San Francisco Herald*, a new paper about to be started at that place, making application for a situation.

## Monday, June 3

--I remained in camp all day Sunday trying to rest, but was prevented from doing so by the devilish mosquitoes.

**Stop** at the **Sprag Pole Sports Bar & Museum** for Great Food & Good Times. Lloyd Roath & Crew, Murray, Idaho.

**Cedar Village Campground & RV Park** at Prichard, ID offers the best in "ROUGHING IT". A full service campground that is near some of the best dining and nightlife on the Coeur d'Alene River. Call 208-682-9404 for reservations. (They have showers at reasonable rates for those who are really "roughing it")

**H & H River Stop** at the "Y" in Prichard, ID. Your one-stop-shop for all your camping needs. Cold Beer/Pop, Food, Fishing Tackle/Bait, Gas, Phone and still the **Best Ice Cream Cones** around.

**Bowen's Hideout** is located at 1917 E. Sprague, Spokane, WA. Dick Turner carries Fishers, White's, Garret, Troy, Tesoro & Minelab metal detectors. He has a full line of Keene Dredges, Gold Wheels, Prospecting Equipment and Books. Phone (509)534-4004 or (509)230-3896 or email: bowens@bowenhideout.com

Visit the **Bedroom Gold Mine Bar** in Murray. Enjoy beer, wine and cocktails while playing darts or pool. See how it looked in the old days. Many great pictures to look at.

**Prospector Pins** (\$4.00) are available for your own use or as gifts. See at meetings or call (208)699-8128

**Wanted:** Mining videos, books and pamphlets, old owners manuals for detectors, dredges, pumps, etc. for the NWGPA library. Call Bob Lowe @(208)699-8128.

**The Gold Sniper** by Gold Fever Bob. Get this effective crevice tube for that hard to reach gold in the cracks of bedrock. Four models to chose from. From \$20 to \$65 Call 208-699-8128.

**BIG SKY METAL DETECTORS** in Ronan, MT For all your metal detecting and prospecting needs. Call 406-676-0063 or E-mail [jabin@ronan.net](mailto:jabin@ronan.net). If I don't have it I can get it. And remember **NO SALES TAX**

They are a perfect pest here, and have nearly devoured some of our party. In order to free ourselves of these pests, we have built small fires at night for the purpose of smoking them off, but which would prove the greatest nuisance, the smoke or the mosquitoes, we were not able to determine.

This morning I accompanied Atkins across the Calaveras, where I collected the five dollars due me for last Wednesday's work. He engaged to work at haymaking for five dollars per day and commenced forthwith. I then returned to camp and packed his blankets and forwarded them across the river where he can get them after his first day's work is over. This is the first labor he has undertaken since leaving San Francisco, and I fear he will not be able to endure this many days. Messrs. Cox, Hilliard & Co. purchased scythes this morning at thirty-five dollars each, and are going into the hay business tomorrow. The grass is good, and any one can cut who chooses. Hay is now worth twenty to thirty dollars per ton, and this will pay better than almost anything else at this time.

About twilight a coon fight took place in the bushes quite near camp. We immediately went in chase but they escaped. Coons are quite abundant here, and badgers are also found. This evening I packed my blankets into town in order to get to work in the *Times* office.

## Sunday, June 9

--On Tuesday morning last, I commenced type sticking in the *Times* office. Not having done anything of the kind for a long time, I feared that it would go rather awkwardly, but such was not the case, for I soon found my hands in and could set type as

(Continued on page 4) **One Man's Gold**

(Continued from page 3) *One Man's Gold*

well as ever I could. I boarded myself on bread, cheese, and milk at a cost of \$1.50 per day, and at night stretched out my blankets and slept on the floor of the office, where during the first night I scarcely got any sleep on account of the noise the rats made, and not only on account of the noise, but once or twice they ran over my face. On the second night I was very sleepy and although they kept up a great clatter, it did not disturb me and since then I have not minded them.

The foreman gave me ten dollars last evening, at the same time telling me I could get nothing from the editor because he was lying in the sanctum, drunk. Wages here are fifty dollars per week, and I now have some prospect of receiving steady employment as they have purchased a new press and materials and contemplate enlarging their sheet in a short time.

I walked out to where our companions were encamped and found that Atkins had been able to continue at work only two days, and then only as half a hand, receiving six dollars for his services.

### ***Sunday, June 30***

--During the past three weeks I have been steadily engaged in the *Times* office, working late and early. Last night I worked until twelve o'clock and this morning until nearly noon, for which I shall charge half an ounce. I am promised, by my present employers, a permanent situation after next week in the *Herald* office at Sonora in the mines.

Yesterday Atkins moved in from the Calaveras where he had been encamped, with our trappings, preparatory to starting for Sonora, whither we are soon going, he to ride express, and I to set type on the *Herald*.

Through Adams' Express this week I received several letters, all

of which I have answered.

### ***Peebles Prizer to Enos Christman Village Record Office, March 3, 1850.***

My Dear Friend:--This is Sunday. The boys are sitting around the windows of the office, keeping up a continual rattling, while the wind is raging without. The Lord only knows when I will bid farewell to the black walls of the *Record* office. Perhaps only when I "shuffle off this mortal coil." Things are as dull as ever. A number of marriages have taken place, but the Gideons still preserve their original purity. The ladies are not very well attended to. I have quit altogether. I do not want to marry any girl, and I do not think it is treating a girl properly to go only with her, so long, without some object. It might be depriving her of other opportunities. But enough of this.

I had almost forgotten to say that on Thursday last I received a package of letters from you, mailed at Valparaiso, the contents of which sent joy to my heart. These letters were the first positive intelligence we have had from you since you left the Breakwater. They dispelled our doubt and conveyed to us and all your friends the happy news that you were then living

(Continued on page 5) *One Man's Gold*

**Gold is \$1061.20 an ounce! This time last year it was \$905.70 an ounce !**

***To get your copy of the Nugget News early via  
email, please send an email to  
bob@goldfeverbob.com  
with "Newsletter" in the subject box.***

**February 1865 is the only month in  
recorded history not to have a full  
moon.**

### **Outings**

Our outings are held the Saturday after the second Wednesday of the month from May thru October at Eagle City Park (unless otherwise noted). To get to Eagle City Park take I-90 to Kingston (Exit 43), then take the Coeur d'Alene River Road to Thompson Falls/Prichard Creek Road (Mile Post 23), take Thompson Falls/Prichard Creek Road (2.6 miles) to Eagle Creek Road, take Eagle Creek Road (1/2 mile) to Eagle City Park entrance on left side of road. Look for red pump house with a prospector on wall. GPS is 47°38'51"N & 115°54'37"W

Note that Eagle City Park is privately owned and operated and is for the exclusive use of Eagle City Park Members and their guests. It is open to all NWGPA members free of charge during the outings.

You are welcome to come and prospect at other times as long as prior arrangements are made and the Daily Lease Fee of \$10 per family is paid. You must follow all the rules as posted and park outside the cables and off the roads.

*(Continued from page 4) One Man's Gold*

and well. The general letter is in *type* for the *Record* the coming week. Mr. Evans bid me ask you to write at every opportunity. He was so much pleased that he paid the postage on your letters and said he would do the same on all future ones.

And now to that portion of the private letter to myself. I mean that part where you ask of me as an old and true friend to state whether Miss Apple remains devoted to you. It affords me great pleasure to be able to say that every indication and action of hers up to this time express the purest devotion to you and your welfare. That she has been true and will remain true to the end, I have not the least doubt. In fact, I am sometimes afraid that her intense anxiety for your safety and speedy return will prey upon her health, as it has already upon her spirits. I often call to see her, and encourage her, telling her to hope for the best and urging her to look at the bright side of the picture. I offer her every favor in my power, and sometimes accompany her to lectures and concerts to enliven her spirits. The letters from you she reads and rereads.

The intelligence we have from California is very contradictory. We scarcely know what story to believe. From some of our California boys we have melancholy news--from others just the reverse.

Mr. Evans and all hands ask to be remembered. I remain,  
your devoted friend,

PEEBLES PRIZER.

***Ellen Apple to Enos Christman West  
Chester, Pa., March 5, 1850.***

My Dear Enos:--To say I am much obliged to you for your affectionate and welcome letter would be useless. You know it could not be otherwise. Sympathy and friendship such as yours, dear Enos, can compensate for many a lonely hour. When I read your letter, I felt as if I could hardly wait for the time to come when I should be able to tell you how highly I prize your friendship, and of the many changes that have taken place since you left. Could I seat myself by your side but for one hour, how much I could tell you that my sheet will not contain. My disposition is naturally cheerful and I am disposed to look on the bright side of everything, yet for all this, sadness will steal into my heart which requires a strong effort to conceal, when I think of the privations and hardships you have to endure. I am enjoying good health which is the greatest blessing we can have.

You spoke of the pleasant moonlight nights and thought perhaps I might be looking upon the moon at the same time. I have had precisely the same thoughts and feelings so I think there must have been some magnetic influence across the pathless ocean.

I presume by this time you have received my letter directed to San Francisco, California.

Mr. Harrison and his daughter and Miss Leslie from Barnum's museum held two concerts here in the Cabinet. And a new set of musicians called the Bell Ringers gave two entertainments. The Balls for the season have ended.

There has been a great revival in the Baptist Church. Numbers of persons have joined and I hope they will be sincere and make no false pretensions.

Mr. Hall, the watchmaker and jeweler, was robbed about the first of January. The moon shone brightly. Not a cloud was to be seen. Mr. Hall was sleeping soundly in the second story of his house. It seems as if fortune favors robbers sometimes. That night for the first time in his life, he forgot his fireproof key and left it lying on the top of the fireproof, where his most valuable articles were kept. No tidings of the articles or robbers have yet been heard.

We received a letter from Theodore dated the 23d of October. He was then at Weaver's Creek digging gold. But he said they had not been very successful. They had laboured ten days for twenty dollars. Mr. Dixon was very much discouraged, and anxious to return home. Many are still going to California in every vessel. But many persons have told me that only one out of every ten that goes to dig gold makes anything. So if you should not be among the fortunate, be not discouraged but return to those who devoutly love you in good old West Chester and let well enough alone. I think a person would require an iron constitution to stand the climate and privations that you must encounter out there.

Last night I had a delightful dream. I dreamt that you had returned home. You had better believe there was a sad heart made happy. I hope my dream will soon be realized.

I do not know when I shall ever be able to repay Mr. Prizer for his kindness. He has taken me to several places of amusement and has taken me to church frequently. For all this I am indebted to you.

Yours truly and sincerely,

ELLEN APPLE.

***Enos Christman to Ellen Apple In  
camp near Stockton, Friday afternoon,  
May 24, 1850.***

My Ellen:--Your letter of the 5th of March reached me at Mariposa Diggings on the 9th instant. It was the first and only one I have received from your pen since I left San Francisco. I had hoped to hear from you by each express which went down to the steamer. Oh, how I could have blessed the paper your hand had

*(Continued on page 7) One Man's Gold*

(Continued from page 2) *Fast Food*

The only phone in the house was in the living room and it was on a party line. Before you could dial, you had to listen and make sure some people you didn't know weren't already using the line.

Pizzas were not delivered to our home But milk was.

All newspapers were delivered by boys and all boys delivered newspapers --my brother delivered a newspaper, six days a week. It cost 7 cents a paper, of which he got to keep 2 cents. He had to get up at 6AM every morning.

On Saturday, he had to collect the 42 cents from his customers. His favorite customers were the ones who gave him 50 cents and told him to keep the change. His least favorite customers were the ones who seemed to never be home on collection day.

Movie stars kissed with their mouths shut. At least, they did in the movies. There were no movie ratings because all movies were responsibly produced for everyone to enjoy viewing, without profanity or violence or most anything offensive.

If you grew up in a generation before there was fast food, you may want to share some of these memories with your children or grandchildren. Just don't blame me if they bust a gut laughing.

Growing up isn't what it used to be, is it?

MEMORIES from a friend :

My Dad is cleaning out my grandmother's house (she died in December) and he brought me an old Royal Crown Cola bottle. In the bottle top was a stopper with a bunch of holes in it.. I knew immediately what it was, but my daughter had no idea.. She thought they had tried to make it a salt shaker or something. I knew it as the bottle that sat on the end of the ironing board to 'sprinkle' clothes with because we didn't have steam irons. Man, I am old.

### **Cinnamon and Honey**

Honey is the only food on the planet that will not spoil or rot. It will do what some call turning to sugar. In reality honey is always honey. However, when left in a cool dark place for a long time it will do what I rather call "crystallizing".

When this happens I loosen the lid, boil some water, and sit the honey container in the hot water, off the heat and let it liquefy. It is then as good as it ever was.

Never boil honey or put it in a microwave. To do so will kill the enzymes in the honey.

It is found that a mixture of honey and Cinnamon cures most diseases. Honey is produced in most of the countries of the world. Scientists of today also accept honey as a 'Ram Ban' (very effective) medicine for all kinds of diseases.

Honey can be used without any side effects for any kind of diseases.

Today's science says that even though honey is sweet, if taken in the right dosage as a medicine, it does not harm diabetic patients.

Weekly World News, a magazine in Canada , in its issue dated 17 January,1995 has given the following list of diseases that can be cured by honey and cinnamon as researched by western scientists:

(Continued on page 8) *Honey*

### **Sourdough's Equipment List**

A Sourdough getting into gold prospecting is faced with so much information that it can be a little daunting to figure out what is needed to get started. I hope this list will not only benefit a sourdough but possibly those who have been prospecting for years.

Portability is important, allowing you to search many areas that has a good concentration of gold. Later you can bring in some heavier equipment (if you have it), but until then you need something that is portable, light enough to carry and yet provide most everything you will need.

Start with a backpack, big enough to carry on your back the following and more:

2 - Gold pans - one large 14" and one small 7" - The bigger pan to bulk process your material to concentrates and the 7" pan to do the slow cleanup of the concentrate while using the larger pan as a safety pan.

2 - Sucker bottle - Mandatory item - Most gold found will be so fine that a sucker bottle is needed to get it out of your pan.

Classifier - Buy a good 1/4" classifier as it will make panning easier by removing the larger material first. Make sure it fits on the 3 - 5 gallon bucket as well as your large pan.

A metal garden trowel for digging material that a shovel can't get at; it's also great to feed hand sluice.

Several flat head screw drivers (different lengths) for cleaning out cracks.

Small tackle or Tupperware box to hold small items like:

Vials, pill bottles - to hold any pickers you find

Tweezers - to pick up gold too small to be picked up

(Continued on page 7) *List*

### ***For Sale***

*Membership #25 at Eagle City Park  
Large campsite with seasonal stream along side.  
Lots of landscaping done with a well.  
\$30,000 Terms negotiable  
Call Dave or Betty @ 208-682-9150*

### **Gold Magic Electric Gold Pan.**

**Used very little.**

**Includes wet tub.**

**Model 12-10**

**\$300**

**Call 208-772-2156**

### **WANTED:**

**SMALL ELIPTICAL 6 in. COIL FOR A GOLD BUG 2  
SEE OR CALL BOB WEAVER 208-683-3483**

(Continued from page 6) List

with fingers

Hand Loupe – magnifier to examine samples to help see if fine gold is present

Small bottle of Jet Dry – a few drops used in the small pan. It reduces water tension thus reducing floating gold

Zip Lock Bags (strongest you can get) to hold con and small rocks of interest

H2O Bottle - Bring a large bottle of water for drinking as well as wetting material in areas of no water

High energy snacks

Compass

Sting/first aid kit

Emergency/survival kit in case you get lost or have an accident and need to wait to get help.

Flashlight

Pocket knife or multi tool on belt

Couple stiff bristled paint brushes.

Hand Sanitizer

2 pairs Gloves - One leather to prevent blisters & one rubber for cold water

Bug Spray (Max. DEET)

Camera to capture all the fun you're having.

Toilet Paper in a baggie (wet TP is of little use! Don't ask how I know )

Now that the small stuff is accounted for on to the larger stuff...

Good boots – needs to be able to handle getting wet, could be hip or chest waders (depends on depth of water you will be working)

Knee pads – makes being on knees for long periods of time tolerable

Good fiberglass handled shovel. Don't skimp on quality. You don't want to ruin a day's outing with a busted handle because you saved a few bucks on a shovel

Pick for those who really want to work.

Wonder Bar pry bar to open up cracks and crevices

Rock hammer to break open quartz rock.

3 gallon plastic bucket – Carrying 5 gallons of material all day long will tire you faster than using a 3 gallon

5 gallon bucket for seat (upside down)- These two buckets will nest inside each other

Additional items - good to have, light weight, processes more material

Sucker tube -allows you to suck up material from cracks and crevices and sample behind rocks

Sluice - a good hand sluice will allow you to process more material

This list doesn't cover all the prospecting needs of a specific individual but is a good starting point. It's great to have a prospecting kit that is ready to go. Keep it in your vehicle and you are set to prospect on a moments notice.

## CHANGES

*New website: [www.goldfeverminingsupply.com](http://www.goldfeverminingsupply.com)*

*New email: [bob@goldfeverminingsupply.com](mailto:bob@goldfeverminingsupply.com)*

(Continued from page 5) *One Man's Gold*

travelled over. I never retire to my humble bed without thinking of my Ellen and hoping that she is happy.

Your letter told me of many interesting things, none of which I drank with more pleasure than the assurance of your continued love and constancy. I have written you by every monthly steamer since my arrival in this country.

I fear that you are allowing your anxiety for my safety and happiness to prey upon your spirits more than they should. But if I am right in my surmises, it will not be the first case that I have known persons at home to make themselves far more miserable and suffer much more in their solicitude for an absent friend, than he did himself. To be sure, I have had some dark hours here and have not had enough money in my pocket at one meal to buy food for the next, yet I never suffered on that account.

A short time since, I was very ill for about a week but soon recovered and am now in excellent health and spirits. Atkins has been ill, but is getting better and I hope will soon be well. He thinks we are in a deplorable situation, but I think not. Our difficulties are not serious. All will come right in the end.

We were at Mariposa about seven weeks and during a part of that time I worked hard in mud and water two feet deep. I sent you a specimen of "dust" of our digging and washing, about one-third of all I dug on one day. I sent a part to Mother and another to Prizer. We left that place with the intention of going to the Tuolumne Diggings, coming near Stockton on the way. I wished you could have seen us on our trip from Mariposa to this place. I know you would have hurt your sides with laughter. The distance is about 130 miles, and the greater part of the distance I was leading a cow and calf, travelling over barren plains.

Camp life agrees with me first-rate. I can cook some splendid dishes but it is a part I don't relish much. I know you would laugh at some of our stews, and say our plates were dirty, but so the world wags. I have just built up a fire, and cooked and eaten a hearty supper. To be sure it was not as handsomely done as I have eaten in West Chester, but then the appetite is different. I can eat now with a relish food that would have sickened me then.

Remember me to your sister, your parents if proper, and to Cad. Write me often to San Francisco, and believe me

Your sincere

E. CHRISTMAN.

*To be continued.....*

## Pickles' Mining Supply

42 N Kelly Drive  
Cusick, WA 99119  
(509) 442-3196

(Continued from page 6) *Honey*

### HEART DISEASES:

Make a paste of honey and cinnamon powder, apply on bread, instead of jelly and jam, and eat it regularly for breakfast. It reduces the cholesterol in the arteries and saves the patient from heart attack. Also, those who have already had an attack, if they do this process daily, they are kept miles away from the next attack. Regular use of the above process relieves loss of breath and strengthens the heart beat. In America and Canada, various nursing homes have treated patients successfully and have found that as you age, the arteries and veins lose their flexibility and get clogged; honey and cinnamon revitalize the arteries and veins.

### ARTHRITIS:

Arthritis patients may take daily, morning and night, one cup of hot water with two spoons of honey and one small teaspoon of cinnamon powder. If taken regularly even chronic arthritis can be cured. In a recent research conducted at the Copenhagen University, it was found that when the doctors treated their patients with a mixture of one tablespoon Honey and half teaspoon Cinnamon powder before breakfast, they found that within a week, out of the 200 people so treated, practically 73 patients were totally relieved of pain, and within a month, mostly all the patients who could not walk or move around because of arthritis started walking without pain.

### BLADDER INFECTIONS:

Take two tablespoons of cinnamon powder and one teaspoon of honey in a glass of lukewarm water and drink it. It destroys the germs in the bladder...

### CHOLESTEROL:

Two tablespoons of honey and three teaspoons of Cinnamon Powder mixed in 16 ounces of tea water, given to a cholesterol patient, was found to reduce the level of cholesterol in the blood by 10 percent within two hours. As mentioned for arthritic patients, if taken three times a day, any chronic cholesterol is cured. According to information received in the said Journal, pure honey taken with food daily relieves complaints of cholesterol.

### COLDS:

Those suffering from common or severe colds should take one tablespoon lukewarm honey with 1/4 spoon cinnamon powder daily for three days. This process will cure most chronic cough, cold, and clear the sinuses.

### UPSET STOMACH:

Honey taken with cinnamon powder cures stomach ache and also clears stomach ulcers from the root...

### GAS:

According to the studies done in India and Japan, it is revealed that if Honey is taken with cinnamon powder the stomach is relieved of gas.

(Continued on page 9) *Honey*

## Prospecting Partners

Bob Reavis @ 208-623-6233

There are a few prospectors who would like to go prospecting, but for one reason or another needs or would like a partner to accompany them. If you are interested in being a partner or would like to find a partner, let me know and I will include you in our new Prospecting Partners column in the Nugget News.

*White's new Pulse Scan TDI is in stock. Priced at \$1598.00 and I will include a 7.5" coil with it. It will also accept Minelabs GPX coils. You can see it at <http://pulsescantdi.com/intro.htm> and read comments at <http://tdi.invisionplus.net/index.php?mforum=tdi&showforum=3>. Available at Big Sky Metal Detectors 406-253-1678 NO SALES TAX*

## How Much Is That Gold Worth?

The premise of this tutorial is to bring to the forefront, how to estimate GOLD VALUES collected from placer mining by panning, sluicing or dredging.

The higher the price of gold goes, the more relevant this approximation will be to your cash flow results.

1000 milligrams = 1 gram of gold.

31.103 grams = 1 TROY oz of gold.

For easy, do in our head math, let's use US \$1100 per TROY oz, as a "current price of gold" 1 gram of pure gold = US \$35.36 (US \$1100 per troy oz / 31.103 grams in a troy oz)

1 milligram = US \$.03c for 24K gold

Now the fun begins: how many of what size panned gold does it take to equal a milligram?

Here's what I suggest as a guideline. Always have in your pocket or backpack, a matchbook of "DRY" cardboard matches. (If they get wet, they weigh more.)

Twist off one of the matches. Voila...80 mgs average weight. Twist off the HEAD of the match. Voila...18mg (milligrams)

Just for the record, a twisted off WET matchbook match head weighs 25mg.

Now a small miner has a visual reference point, ever mindful that \*native gold is never totally 24karat pure. These are some "miner's perspective" guidelines

So, ...if you can gather up your gold in the bottom of your pan, close to a matchbook match head, or ....place into a small vial, the gold you've snuffered up that day or whatever...IF it approximates the size of that cardboard match-head...you have:..... US \$0.50 worth of gold ( US\$0.03/mg x 18mg) at US \$1100 PoG.

CONGRATS! It all adds up!!

### The Prayer

Little Johnny and his family were having Sunday dinner at his Grandmother's house. Everyone was seated around the table as the food was being served. When Little Johnny received his plate, he started eating right away. 'Johnny! Please wait until we say our prayer.' said his mother. 'I don't need to,' the boy replied. 'Of course, you do.' his mother insisted. 'We always say a prayer before eating at our house.' 'That's at our house.' Johnny explained. **'But this is Grandma's house and she knows how to cook!'**

(Continued from page 8) Honey

**IMMUNE SYSTEM:**

Daily use of honey and cinnamon powder strengthens the immune system and protects the body from bacteria and viral attacks. Scientists have found that honey has various vitamins and iron in large amounts. Constant use of Honey strengthens the white blood corpuscles to fight bacterial and viral diseases.

**INDIGESTION:**

Cinnamon powder sprinkled on two tablespoons of honey taken before food relieves acidity and digests the heaviest of meals.

**INFLUENZA:**

A scientist in Spain has proved that honey contains a natural 'Ingredient' which kills the influenza germs and saves the patient from flu.

**LONGEVITY:**

Tea made with honey and cinnamon powder, when taken regularly, arrests the ravages of old age. Take four spoons of honey, one spoon of cinnamon powder, and three cups of water and boil to make like tea. Drink 1/4 cup, three to four times a day. It keeps the skin fresh and soft and arrests old age. Life spans also increase and even a 100 year old, starts performing the chores of a 20-year-old.

**PIMPLES:**

Three tablespoons of honey and one teaspoon of cinnamon powder paste. Apply this paste on the pimples before sleeping and wash it next morning with warm water. If done daily for two weeks, it removes pimples from the root

**SKIN INFECTIONS:**

Applying honey and cinnamon powder in equal parts on the affected parts cures eczema, ringworm and all types of skin infections.

**WEIGHT LOSS:**

Daily in the morning one half hour before breakfast on an empty stomach, and at night before sleeping, drink honey and cinnamon powder boiled in one cup of water. If taken regularly, it reduces the weight of even the most obese person. Also, drinking this mixture regularly does not allow the fat to accumulate in the body even though the person may eat a high calorie diet.

**CANCER:**

Recent research in Japan and Australia has revealed that advanced cancer of the stomach and bones have been cured successfully. Patients suffering from these kinds of cancer should daily take one tablespoon of honey with one teaspoon of cinnamon powder for one month three times a day.

**FATIGUE:**

Recent studies have shown that the sugar content of honey is more helpful rather than being detrimental to the strength of the body. Senior citizens, who take honey and cinnamon powder in equal parts, are more alert and flexible. Dr. Milton, who has done research, says that a half tablespoon of honey taken in a glass of water and sprinkled with cinnamon powder, taken daily after brushing and in the afternoon at about 3:00 P.M. when the vitality of the body starts to decrease, increases the vitality of the body within a week.

**BAD BREATH:**

People of South America, first thing in the morning, gargle with one teaspoon of honey and cinnamon powder mixed in hot water, so their breath stays fresh throughout the day.

**HEARING LOSS:**

Daily morning and night honey and cinnamon powder, taken in equal parts restores hearing.

Remember when we were kids? We had toast with real butter and cinnamon sprinkled on it!

**FOR SALE**

WHITE'S GMT GOLD MASTER METAL DETECTOR.  
USED BUT IN TOP OPERATING CONDITION.  
\$650.00. SOLD NEW FOR \$799.95.  
HAS IRON ID, FAST AUTO TRACKING,LCD  
SCREEN,AND DD SEARCH COIL.  
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**NO SALES TAX**

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406-253-1678

**And now the Government wants to do what?**

The U.S. Post Service was established in 1775. The government had 234 years to get it right and it is broke.

Social Security was established in 1935. The government had 74 years to get it right and it is broke.

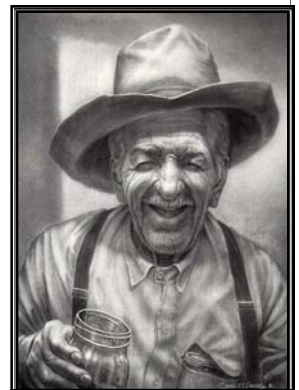
Fannie Mae was established in 1938. The government had 71 years to get it right and it is broke.

War on Poverty started in 1964... The government had 45 years to get it right; \$1 trillion of our money is confiscated each year and transferred to "the poor" and they only want more.

Medicare and Medicaid were established in 1965. The government had 44 years to get it right and they are broke.

Freddie Mac was established in 1970. The government had 39 years to get it right and it is broke.

The Department of Energy was created in 1977 to lessen our dependence on foreign oil. It has ballooned to 16,000 employees with a budget of \$24 billion a year and we import more oil than ever before. You had 32 years to get it right and it is an abysmal failure.



**Live simply. Love generously. Care deeply. Speak kindly. Leave the rest to God.**

## Recipe(s) of the Month

### Turtle Pumpkin Pie

¼ cup plus 2 tablespoons caramel ice cream topping., divided  
1 graham cracker pie crust  
½ cup plus 2 tablespoons chopped pecans, divided  
2 pkg. (3.4 oz. each) vanilla instant pudding  
1 cup cold milk  
1 cup canned pumpkin  
1 teaspoon cinnamon  
½ teaspoon nutmeg  
1 tub (8 oz.) whipped topping, thawed, divided

Pour ¼ cup caramel topping into crust, sprinkle with ½ cup nuts. Beat pudding mixes, milk, pumpkin, and spices with whisk until blended. Stir in 1-1/2 cups whipped topping. Spoon into crust. Refrigerate 1 hour. Top with remaining whipped topping and nuts just before serving.

Submitted by Grace Dirk and taste tested at Saturday morning coffee in December! :)

## The Wisdom of Eagle City Ed

**I was going to get up early to go jogging, but my toes voted 10 to 1 against it.**

### Support Your Club

**NWGPA has t-shirts, hats, badges and bags of panning gravel with real gold.**

### Helpful Tip

There are 7.48 gallons in a cubic foot times 27 cubic feet equals 201.96 gallons in a cubic yard. Divided by 5 gallons equals 40.392 five gallon buckets in a cubic yard of soil. Using a #2 shovel, this equates to about 150 shovel-full per cubic yard. So, how much material do you move?

### Nugget News



NorthWest Gold Prospectors Assn.  
PO Box 790  
Rathdrum, Idaho 83858



### 11th Annual Gold & Treasure Show

Come and join us at the 11th Annual Gold & Treasure Show. Learn all about the exciting hobby of recreational gold prospecting/mining. See the latest in small scale mining equipment and metal detectors. Try your luck at our panning booths. Learn how and where to prospect for gold or look for treasure. Get ideas on how to turn your treasures into keepsakes and collectibles. Visit our gold display and talk to our members about their equipment display and experiences. Vote in our homemade/modified equipment contest. Food and beverages available. Admission \$3, children 12 & under are free. Fun for the WHOLE family. Saturday, March 13th. (9AM to 5PM) & Sunday, March 14th. (10AM to 4PM) at the Idaho National Guard Armory at 5555 East Seltice Way, Post Falls, ID For info call 208-699-8128 or email bob@goldfeverminingsupply.com.